



The Myotonic Dystrophy Foundation in collaboration with the Paul and Sheila Wellstone Muscular Dystrophy Center at the University of Minnesota are pleased to invite you and your family to a weekend of networking and education at Empower 2010 - Myotonic Dystrophy Conference, August 13-15, 2010 in Minneapolis, Minnesota. Register online at myotonic.org, (look for the [Empower 2010](#) link.)

CONFERENCE AGENDA

(As of 7/15/10. Times, topics and speakers may be subject to change.)

FRIDAY, AUGUST 13

5:00 pm - 7:00 pm

[Welcome Reception \(light hors d'oeuvres\)](#)

SATURDAY, AUGUST 14

7:00 am – 8:00 am

[Registration & Exhibits](#)

8:00 am – 8:30 am

[Conference Welcome & Introductions](#)

Featuring: Rick Guidotti, Positive Exposure

8:30 am – 9:30 am

[General Session I: Gastrointestinal System in DM](#)

(Presentations and Q&A session)

Featuring: Dr. John Day

10:00 am – 12:00 pm

[General Session II: Brain in DM](#)

(Panel Presentations and Q&A session)

Featuring: Dr. Cramer Bornemann, Dr. John Day,

Dr. Laura Ranum and Dr. Jeff Wozniak

12:00 pm – 1:00 pm

[Complimentary Lunch & Exhibits](#)

[Concurrent Breakout Sessions](#)

1:00 pm – 2:10 pm

- ~ Caregivers (for unaffected caregivers)
- ~ Genetic Testing & Family Planning
- ~ Health Follow-Up in DM1: Tools for Your Doctor
- ~ School Age Child - IEP & Family Support

2:20 pm – 3:30 pm

- ~ Caregivers (for unaffected caregivers)
- ~ Social Services – Advocating for Yourself
- ~ Independent Living Skills with OT Focus
- ~ Managing DM2

3:40 – 4:50 pm

- ~ School Age Child - IEP & Family Support
- ~ Starting a Support Group
- ~ Managing DM2
- ~ Respiratory Complications in DM1

SATURDAY, AUGUST 14 (continued)

6:30 pm – 8:30 pm

[Family Social Event](#) at the Mall of America (details tba)

SUNDAY, AUGUST 15

7:00 am – 8:00 am

[Registration & Exhibits](#)

8:00 am – 9:00 am

[Welcome - Q&A with Global Patient](#)

[Community Organizations](#)

Featuring: Claude Bourlier, AFM/French Support Group, Margaret Bowler, U.K. Support Group, Lisa Harvey Vittek, MDF, and Scott Wiebe, MDA

9:15 am – 10:45 am

[General Session I: Research Updates & Patient Registries](#)

Featuring: Dr. John Day, Dr. Auinash Kalsotra and Dr. Charles Thornton

11:00 am – 12:00 pm

[General Session II: Next Steps in Patient Registries, Drug Development and Therapies and Patient Advocacy](#)

Featuring: Dr. John Day, Dr. Charles Thornton and Lisa Harvey Vittek

12:00 pm – 2:00 pm

[Complimentary Lunch, Exhibits & Roundtable Discussions](#)

- ~ Guided Small Group Q&A's
- ~ Positive Exposure Slide Show
- ~ Closing Remarks

Experienced childcare providers will be onsite in our childcare center during the daytime sessions.

Advance registration is required.