



2015 MDF Annual Conference

Sept. 18 - 19, 2015 Washington, DC



MYO
DYST
FOUN

Care and a

Community-Led Track

DM2: Finding the Right Doctors & Self-Advocacy

Rob Besecker
Tom McPeck
Tina Pinsonneault

Tom McPeck



a Pinsonneault



Rob Besecker



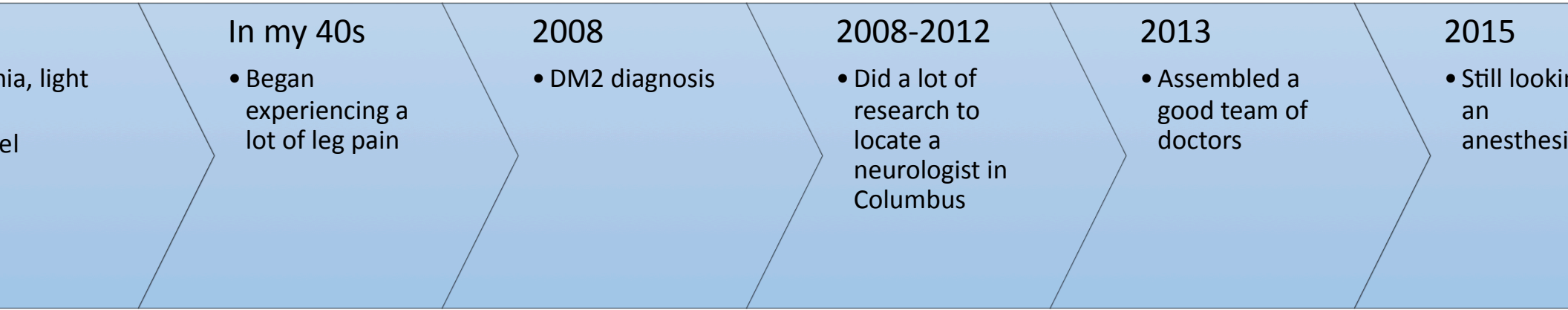
The Diagnostic Odyssey...

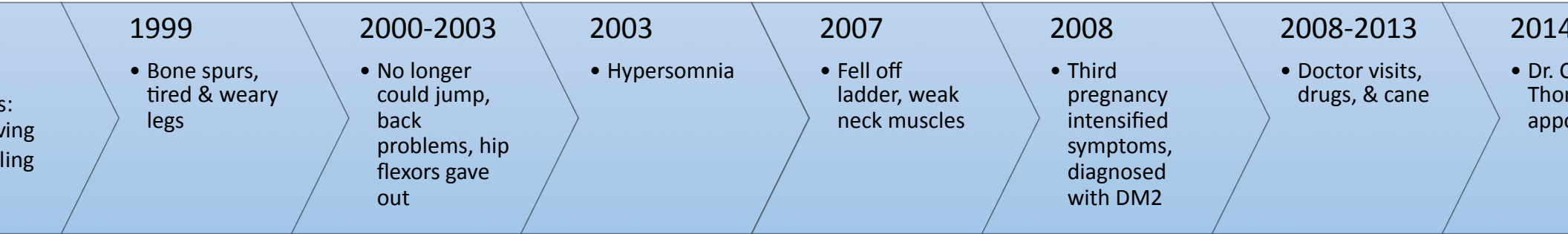
MDF Annual Conference
18 - 19, 2015 Washington, DC

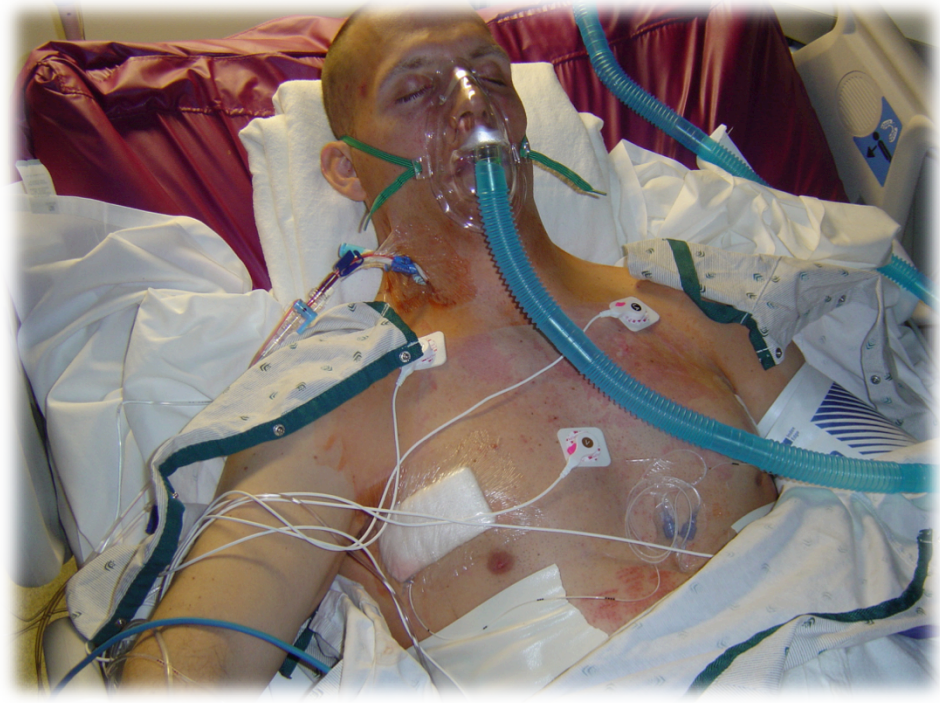
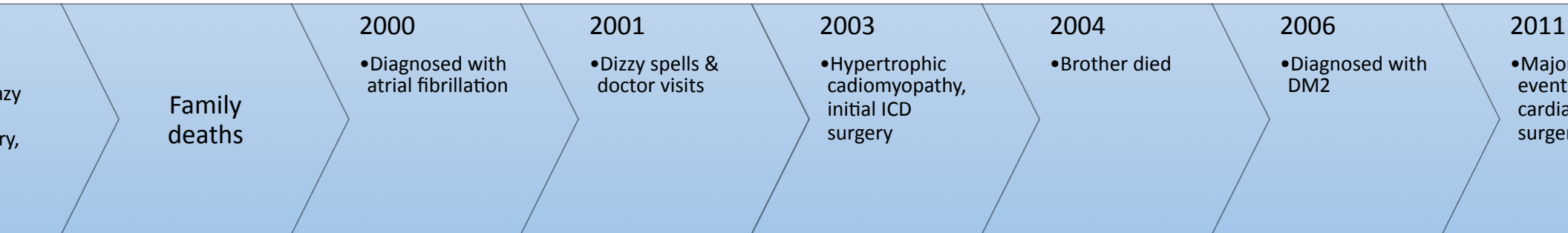


MYO
DYST
FOU

Care and a







Lessons Learned...

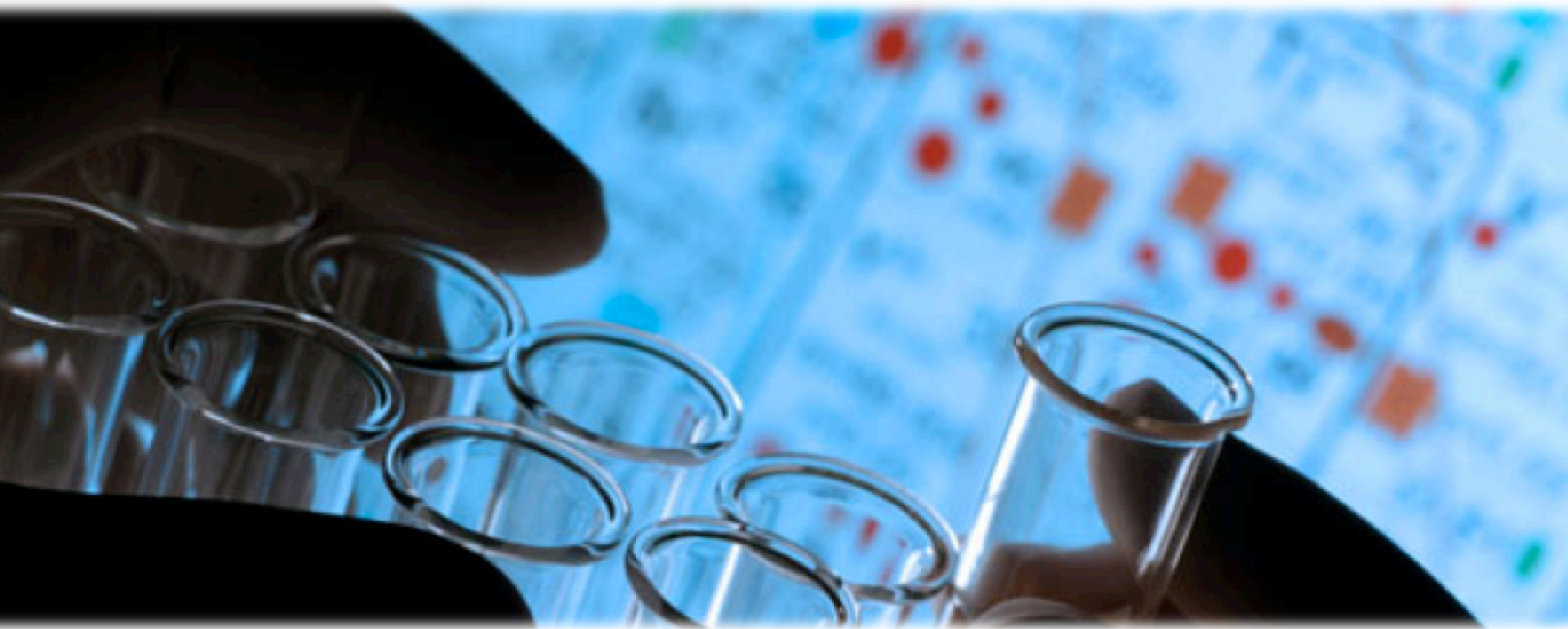


MDF Annual Conference
18 - 19, 2015 Washington, DC



MYO
DYST
FOU

Care and a





- SUMMARY
- MY PAGE
- MEMBERS
- FORUM
- GROUPS
- EVENTS
- BLOGS
- PHOTOS
- VIDEOS
- INVITE
- MANAGE

Members must be approved
 DM2 Support Group is accepting new members. If you would like to join, [click here to request access](#) from the Group Creator.

All Groups My Groups

Options

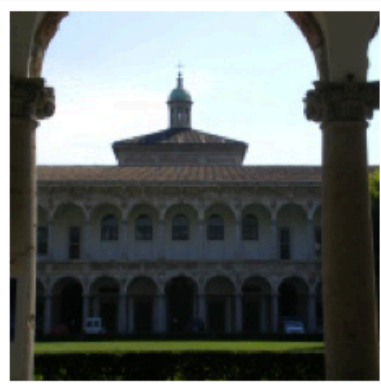
+ Join DM2 Support Group



DM2 Support Group

Created by John Brekka [Send Message](#) [View Groups](#)

INFORMATION



This page is for issues related to DM2 only and membership is restricted to DM2 diagnosed patients only.

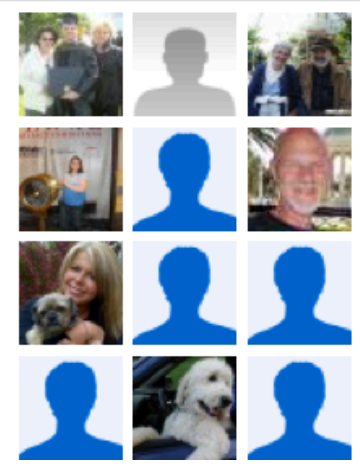
Members: 91
Latest Activity: Feb 24

Edit

- Sign Out
- Inbox
- Alerts
- Friends - Invite
- Settings

Send Message to Group

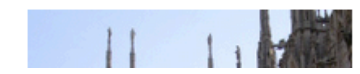
MEMBERS (91)



CONNECT

- YouTube
- LinkedIn
- twitter
- facebook

GROUPS





Self-Advocacy...

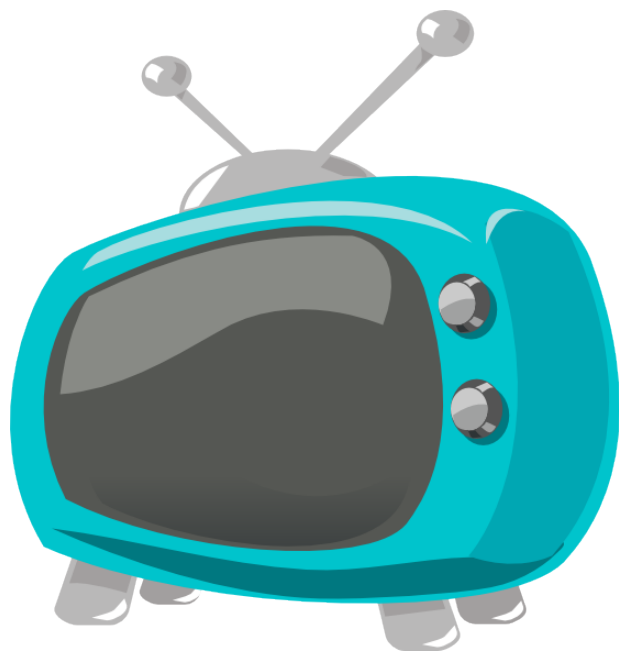
Take your research with you to see doctors

Make at least one trip to see one of the top 5 DM researchers

Get second opinions

Talk with others with DM2





Self-Advocacy...

- Open communication with your physicians
- Become familiar with DM2 and the symptoms
- Take an active role in your lifestyle development



Self-Advocacy...

You will cycle through different emotions

Find online groups for support: MDF Community Forum, Facebook

Research – books, medical publications

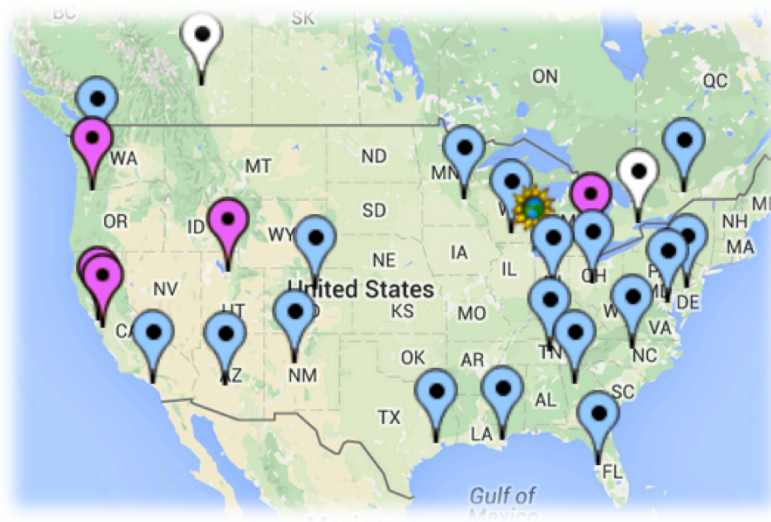
Ask a lot of questions



Continue the Conversation

MDF DM2 Group on Facebook

Face-to-Face MDF support groups throughout U.S., Ottawa, and Switzerland: <http://myotonic.org/find-support>



MDF Annual Conference
18 - 19, 2015 Washington, DC



MYO
DYST
FOU

Care and a