On the Verge of Fixing DM1



Some things to consider

Bruce M. Wentworth, PhD



It's the year 2013 - we've come a long way



- 1909- DM1 first described
- 1992-Mutation first described
- 1996-Proteins binding to CUG first described
- 2000-Mouse model first described as well a disease mechanism proposed
- 2002 Toxic RNA is blamed
- 2009 antisense first delivered to DM1 mice i.m.
- 2012 &13 antisense first shown as plausible DM1 systemic therapy
- 2014 first DM1 trials planned

Some Wisdom

When you come to a fork in the road – take it

-Yogi Berra-

The concept of a clinical trial is simple...





Success is rare!

Only 3 of 10 Marketed Drugs Produce Revenues ≥ Average R&D Costs

*Recent Biotechnology industry metrics, small molecule drug metrics are similar

Center for Study of Drug Development, Tufts University, 2006

Why do trials fail?



Because we never know enough!

What is a clinical trial like?

- You will be assigned to one treatment group
 - > You might get the new drug
 - > You might get a placebo
- You may be tested for various abilities before and after treatment
 - Maybe muscle strength
 - Or, walking ability
- You may need to give blood for testing
- You may also need to have muscle biopsies taken
- You may be asked to help with other testing related to the disease > even if it is not part of the trial outcome
- You will be very closely followed during and perhaps after the trial

How will we know if the drug works?

• Endpoints: An endpoint *proves* that a drug works, and makes a difference in the life of the patient

• Myotonia measurements



• Quantitative muscle testing



How will we know if the drug works?

 Biomarker: A biomarker can help by suggesting that a drug is working as expected





LETTER

Targeting nuclear RNA for *in vivo* correction of myotonic dystrophy

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- Currently in IND enabling toxicology studies
- If successful, first clinical trial will start in 2014



Drug strength's and weaknesses



Additional drug characteristics

- The drug being tested will be injected subcutaneously
- The drug may have a very long duration of effect
- The first trial will focus on learning if the drug is safe

A pragmatic perspective

- DM1 is complex
 - > The drug under study will peel away many layers of the disease
- The CNS disease will remain
 - Exactly what that will look like is unclear

It's the next frontier for treatment

So, its 2013 where are we?

- A potentially transformative medicine is within reach
 - Fundamentally changing the disease course and/or management in clinically meaningful ways
- Ok, but, what about the CNS disease?

Patients say it's the more significant thing in their lives

Treating the systemic disease will help inform us how to treat the CNS disease

Treating the CNS will be more challenging

The blood-brain barrier makes drug delivery to the CNS more difficult



- Options Today
 - > Direct antisense injection to the brain or spinal fluid (Isis)
 - Gene therapy with direct brain injection into the splinal fluid (Genzyme)
 - Small molecule with potential for CNS penetrance (Valentia)

Gene therapy in the CNS

• It has shown dramatic potential in SMA



Small molecules: Perhaps the Holy Grail of DM1 therapy?



Jahromi et al ACS Chem Biol 2013



Small proteins may serve as drugs to treat DM1

In vivo discovery of a peptide that prevents CUG–RNA hairpin formation and reverses RNA toxicity in myotonic dystrophy models

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Garcia-Lopez et al 2011

-Getting Ready for a Clinical Trial in DM1-

- Understanding the patient's perspective of the disease
 - Your perspective is VERY important
- Looking for a biomarker that helps us understand if the drug is working
- Developing the best tests of muscle function

- Which DM1 patients are at risk for cardiac problems?
 - Known problems with heart beating ability (EKG abnormality)
 - > Over 50 years old
 - > About to have surgery

Speak to your physician or cardiologist

-Learning the cause of brain problems-

- DM1 patients suffer from numerous disease issues centered in the brain
 - Depression, anxiety, sleep problems, decision making problems, behavioral problems, sleep disorders
- Four tests proving very informative
 - Magnetic resonance imaging
 - Psychological testing
 - Sleep disorder studies
 - > Testing cerebral-spinal fluid



We must take this fork in the road



We need you on the team!

Be registered
So you can be Informed, participate and advocate



