

2026 MDF Regional Conference

In Partnership with the University of Kansas Medical Center



April 10th	Seville	Roanoke	Rockhill	Union Hill	JOA Lounge
8:30 - 10:00 AM	Check In Opens				
9:00 - 10:00 AM	Breakfast				
10:00 - 10:45 AM	Welcome & Introduction MDF Staff, Dr. Jeffrey Statland, Dr. Constantine Farmakidis				
10:45 - 11:00 AM	Break				
11:00 - 11:45 AM	Clinical Trials & Emerging Treatments Dr. Jeffrey Statland	Community Panel: Life Hacks			Welcome & Get to Know You Games
11:45 - 12:00 PM	Break				
12:00 - 12:45 PM	DM1 Overview Dr. Constantine Farmakidis	DM2 Overview Dr. Hussien Alkully	Coping with Chronic Stress Maria Arvanitakis	Testing, Counseling, & Family Planning Juliana Askren	Mental Health Emily Rosenbaum
12:45 - 1:45 PM	Lunch				
1:45 - 2:30 PM	Keeping Your Heart in Check: DM's Impact & Care Tips Dr. Pradeep Mammen	Managing Sleep & Pulmonary Health with DM Dr. Damien Stevens	Palliative Care & DM Dr. Taylor Jersak		Exercise & DM Dr. Kristina Kelly
2:30 - 2:45 PM	Break				
2:45 - 3:00 PM	Movement Moment				
3:00 - 4:00 PM	Industry Updates				Stump the Doctor
4:00 - 4:15 PM	Break				
4:15 - 5:00 PM	Stump the Doctor: DM1 & DM2 KUMC Panel				Karaoke & Games
5:30 - 7:00 PM	Reception, Networking, & Dance Party				