

DM2: Research Update

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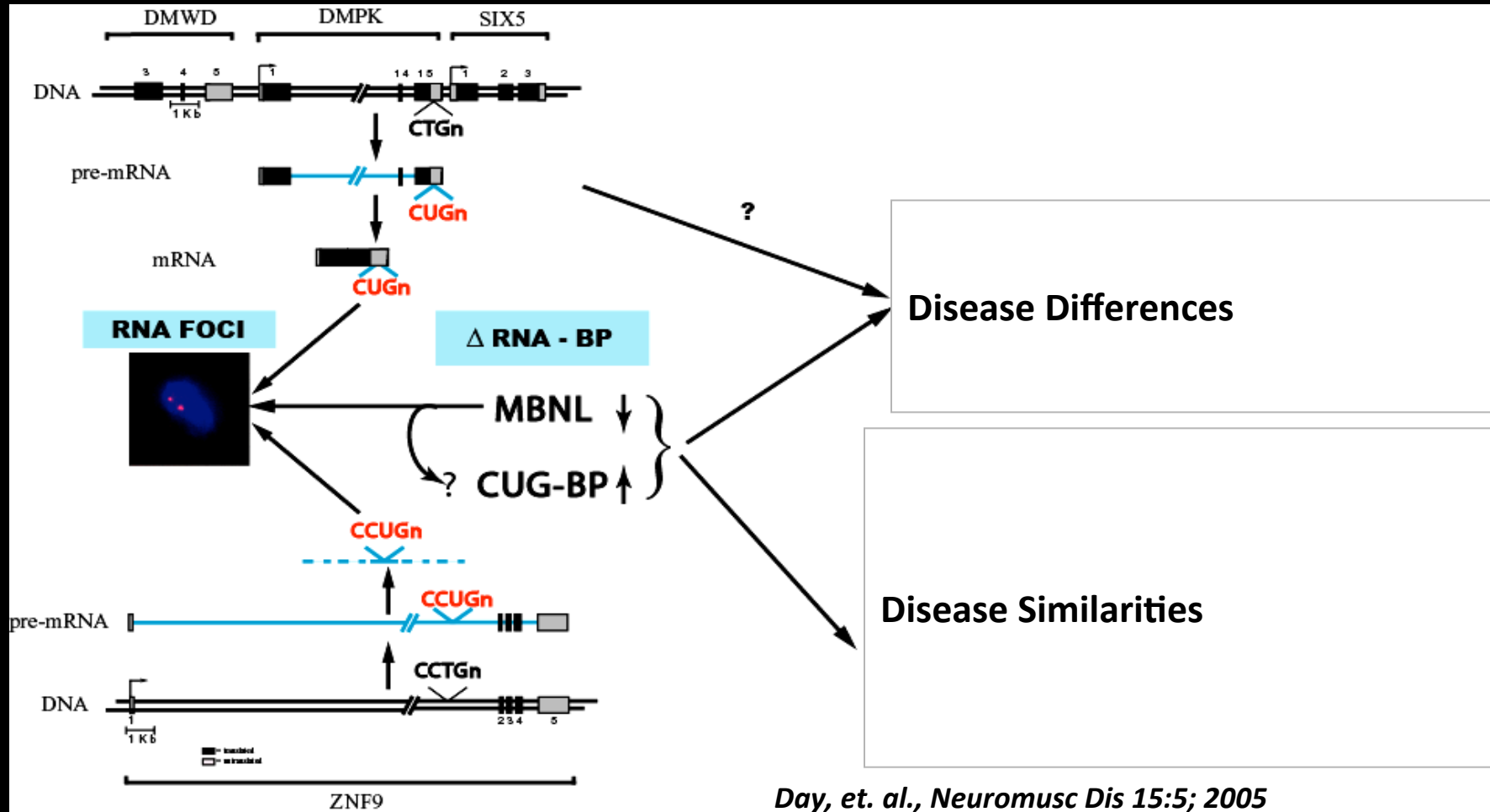
DM2 Management

- **Cardiac**
 - Annual ECG – look for changes
 - Holter or Zio patch – every 2-3y even if no symptoms
 - Echocardiography – every 3-5y even if no symptoms
- **Pain**
 - Exercise
 - Mexilitene
 - Neurontin
 - Non-steroidal anti-inflammatory drugs
 - Cymbalta



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MEDICINE

RNA Model of DM Pathogenesis



How You Can Help Fight DM ?

- Participate in MDF
- Register with the National DM Registry
- Register with your DMCRN site
- Participate in MDA Registry
- Participate in research studies
- Set up tissue donation from surgeries, biopsies, or autopsy

