DM2 Management

• Cardiac
  • Annual ECG – look for changes
  • Holter or Zio patch – every 2-3y even if no symptoms
  • Echocardiography – every 3-5y even if no symptoms

• Pain
  • Exercise
  • Mexilitene
  • Neurontin
  • Non-steroidal anti-inflammatory drugs
  • Cymbalta
RNA Model of DM Pathogenesis

Day, et. al., Neuromusc Dis 15:5; 2005
How You Can Help Fight DM?

- Participate in MDF
- Register with the National DM Registry
- Register with your DMCRN site
- Participate in MDA Registry
- Participate in research studies
- Set up tissue donation from surgeries, biopsies, or autopsy