The DMCRN: Expanding the Scope of DM Research

A little over a year ago, MDF awarded a grant to support the establishment of the first-ever Myotonic Dystrophy Clinical Research Network (DMCRN). Based on input from university researchers and pharmaceutical companies, the Foundation felt it was critically important to expand the scope of DM research and prepare for upcoming trials of potential treatments. Click here to read more.

Research News: DM2 Small Molecule Study

Researchers at the University of Illinois at Urbana-Champaign recently published a study of their work engineering small molecules to combat myotonic dystrophy type 2 (DM2). Dr. Katharine Hagerman, Research Associate at Stanford University Neuromuscular Division and Clinics, provides a summary of the study, which was published in ChemMedChem. Click here to read more.

Upcoming Webinar: Sleep Issues Associated with DM

Did you know that nearly 74 percent of Myotonic Dystrophy Family Registry respondents report experiencing excessive daytime sleepiness? With so many people in our community affected by this symptom, we invited Dr. Chad Ruoff, Clinical Assistant Professor and Associate Fellowship Program Director at the Stanford Center for Sleep Sciences and Medicine, to present the next webinar in our Living with DM Webinar Series, scheduled for August 5.

Dr. Ruoff’s presentation will cover common DM sleep disorders such as CNS hypersomnia, restless leg syndrome and sleep apnea. He’ll also provide information on DM related symptoms such as excessive daytime sleepiness and snoring, and he'll discuss current treatment options. Dr. Ruoff will also explain what to expect during a sleep study. Webinar participants will have the opportunity to submit their questions, so don’t miss this great
opportunity to interact directly with a leading sleep specialist! Click here to register.

**Important Announcements and Reminders:**

- **Conference Twilight Bus Tour Spaces Added--Reserve Your Seat Now!**
- **River's Ride Featured on Evening News--View the Story and Follow Their Progress**
- **Calling Grandparents--Join the MDF Grandparents Campaign for Care and a Cure!**
- **Our Voices are Being Heard--MD-CARE Act Moves to the House Floor**
- **MDF Dysphagia Recipe Contest Entry Deadline Extended to August 5**

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