

Ask-the-Expert: COVID-19 & Vaccines

Vaccines & DM

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Global vaccine uptake

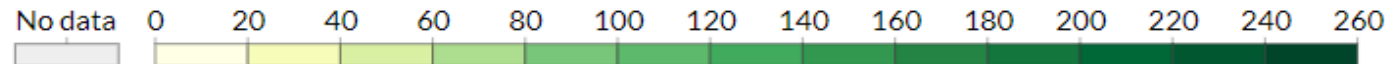
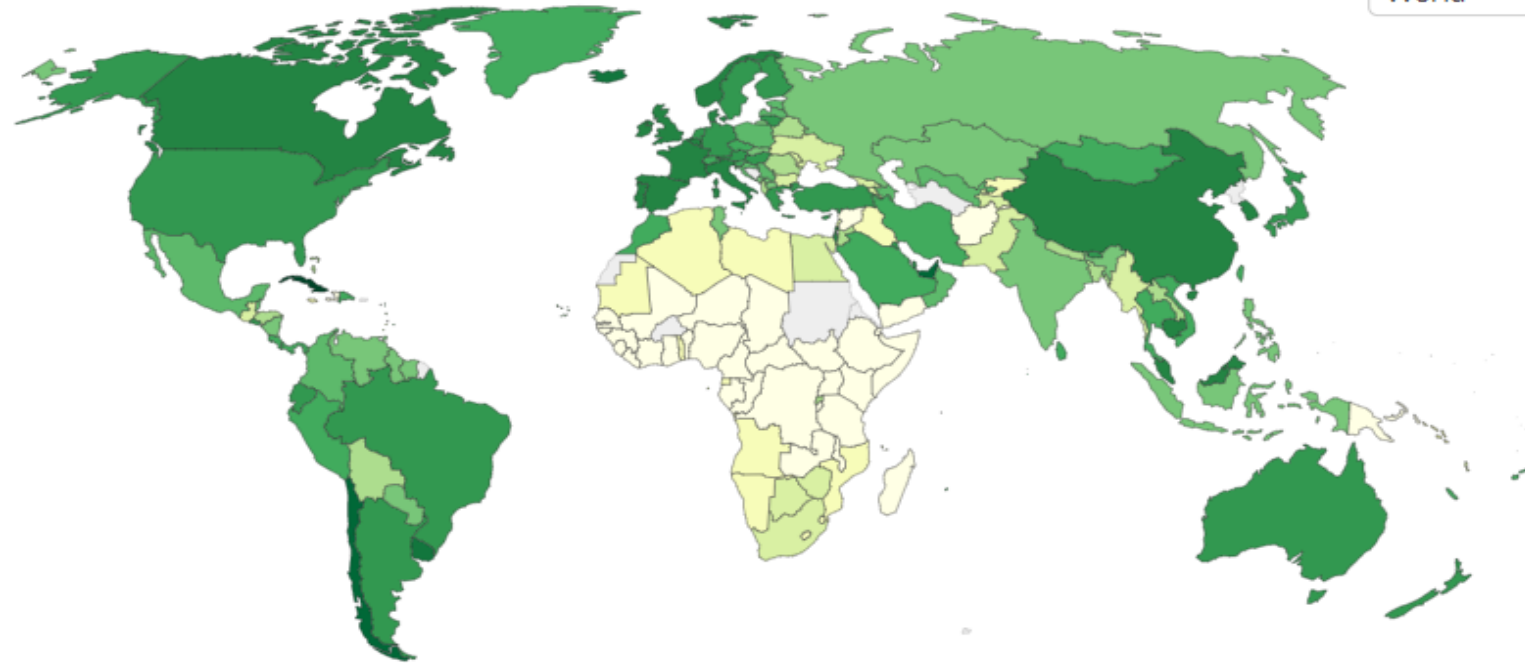
- 8.28 billion doses administered globally
- 55.3% of the world has received at least one dose

COVID-19 vaccine doses administered per 100 people, Dec 6, 2021

All doses, including boosters, are counted individually. As the same person may receive more than one dose, the number of doses per 100 people can be higher than 100.

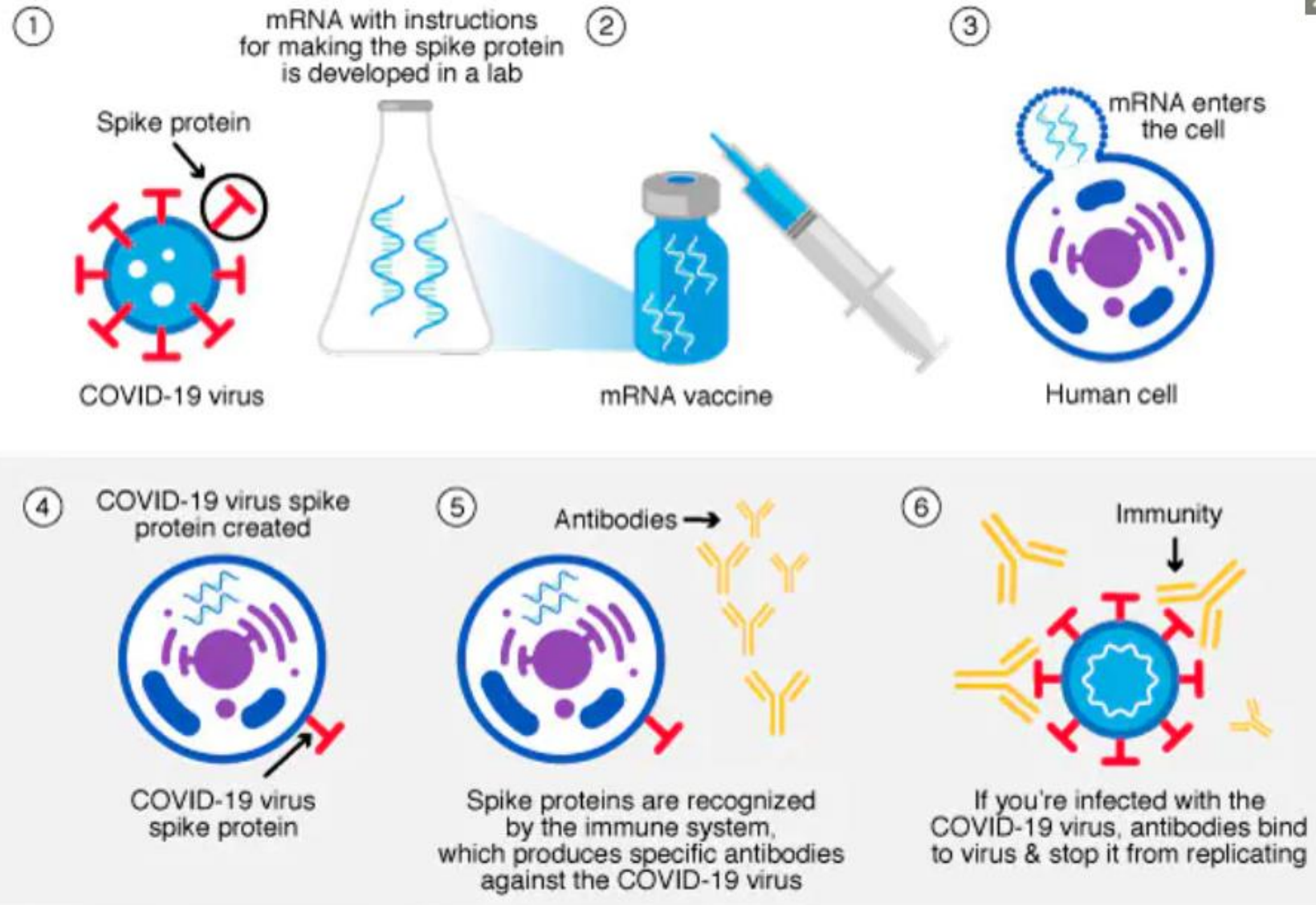
Our World
in Data

World

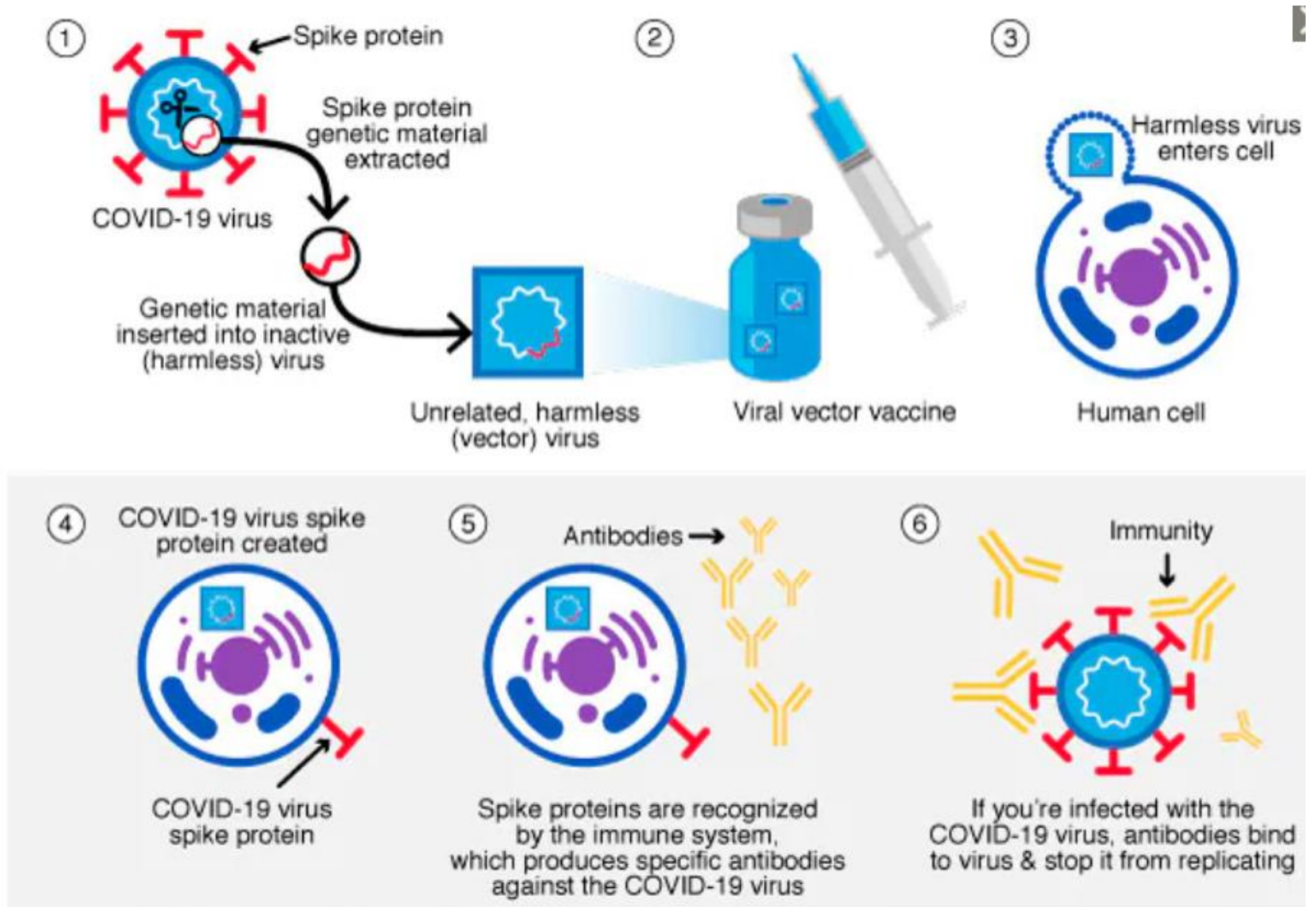


Source: Official data collated by Our World in Data - Last updated 7 December 2021, 11:10 (London time)
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How mRNA vaccines work



How viral vector vaccines work



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Vaccine Safety

- mRNA vaccines do not enter the nucleus
 - cannot change our DNA
- Vaccine components in DM
 - not known to interact with RNA repeats
- For people with DM
 - Risks of COVID >>> Risks of Vaccines
- Boosters recommended even after natural infection

Vaccine Schedules and Boosters

Primary series

Vaccine manufacturer	Age indication, years	Number of doses in primary series (interval between doses)	Additional primary dose in immunocompromised persons (interval since second dose)
Pfizer-BioNTech	5-11	2 (21 days)	Not recommended
Pfizer-BioNTech	≥12	2 (21 days)	1 (≥28 days)
Moderna	≥18	2 (28 days)	1 (≥28 days)
Janssen	≥18	1 (Not applicable)	Not applicable

Boosters

Vaccine manufacturer	Age indication, years	Number of doses	Interval between last primary (including additional) dose to booster dose
Pfizer-BioNTech	≥18	1	≥6 months
Moderna	≥18	1	≥6 months
Janssen	≥18	1	≥2 months

Omicron Variant and Vaccines

- Efficacy of vaccines being studied
 - Vaccines likely still give good protection against severe disease
 - Possibly less “neutralizing activity” in the lab against new variants
 - Need to correlate results in the lab with real world outcomes
 - Boosters may help with vaccine efficacy
- Even if you are vaccinated and then get exposed
 - Get tested soon
 - Call your doctor about options for outpatient treatment
 - Treatments likely still effective – studies underway

Questions

For Dr. Subramanian about vaccines and DM.

