

## Indiana

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with Myotonic. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

## Caregivers

Personal Care Services Agency Licensing Program: The Indiana State Department of Health licenses agencies that provide (1) attendant care services; (2) homemaker services that assist with or perform household tasks, including housekeeping, shopping, laundry, meal planning and preparation, and cleaning; and; (3) companion services that provide fellowship, care, and protection for a client, including transportation, letter writing, mail reading, and escort services; that are provided to a client at a client's residence.

<https://www.in.gov/isdh/20119.htm>

Respite for Caregivers: <https://archrespite.org/respite-locator-service-state-information/146-indiana-info>

## Employment

Gateway to Work: is part of the Healthy Indiana Plan that helps connect members with job training, education or help finding the right job or volunteer activity.

<https://www.in.gov/fssa/gateway/>

Indiana Manpower Placement and Comprehensive Training (IMPACT): provides services designed to help recipients of the Supplemental Nutrition Assistance Program and Temporary Assistance for Needy Families achieve economic self-sufficiency through: education, training, job search, and job placement activities.

<https://www.in.gov/fssa/dfr/2682.htm>

Unemployment Insurance: Income assistance is available for workers who have lost their job through no fault of their own. <https://www.in.gov/dwd/2358.htm>

Vocational Rehabilitation Services: provides quality individualized services to enhance and support people with disabilities to prepare for, obtain or retain employment. The individual will work closely with a VR counselor throughout the process. Through active participation in their rehabilitation, people living with disabilities achieve a greater level of independence in their work place and living environments.

<https://www.in.gov/fssa/ddrs/2636.htm>

## Financial Resources

Matched Savings Opportunities: Individual Development Accounts (IDA): The Indiana Housing & Community Development Authority works with organizations around the state to help Hoosiers better themselves through a structured matched savings program. Individual Development Accounts (IDAs) are available on a limited basis to qualified Hoosiers who are interested in improving their financial literacy and participating in a dedicated savings program where their deposited funds are matched.

<https://www.in.gov/ihcda/4072.htm>

Muscular Dystrophy Family Foundation (MDFF): is currently taking applications for residents in the state of Indiana with a form of muscular dystrophy/neuromuscular disease who need financial assistance in the following areas: Home and automobile modifications to improve mobility and independence, medical equipment that is not covered by Medicaid, Medicare, or private insurance. Visit <http://mdff.org/assistance/> for more information.

Temporary Assistance for Needy Families (TANF): is a program that provides cash assistance and supportive services to assist families with children under age 18, helping them achieve economic self-sufficiency. <https://www.in.gov/fssa/dfr/2684.htm>

## Food/Nutrition

Commodity Supplemental Food Program (CSFP): CSFP is a federally funded program, which works to improve the health of low-income elderly people at least 60 years of age by supplementing their diets with nutritious USDA commodity foods. It provides food and administrative funds to States to supplement the diets of these groups. For more information, visit <https://www.in.gov/isdh/24779.htm>.

Emergency Food Assistance Program (TEFAP): Under TEFAP, commodity foods are made available by the US Department of Agriculture (USDA) to States. States provide the food to local agencies that they have selected, usually food banks, which in turn, distribute the food to soup kitchens and food pantries that directly serve the public. For TEFAP income guidelines, map, manual, and a list of food pantries and soup kitchens, visit <https://www.in.gov/isdh/24779.htm>.

Supplemental Nutrition Assistance Program (SNAP): provides food assistance to low and no income people and families living in the United States. <https://www.in.gov/fssa/dfr/2691.htm>

## Housing

Centers for Independent Living (CILs): are consumer-controlled, cross-disability, nonresidential, private, nonprofit agencies that are designed and operated within local communities by individuals living with disabilities. <https://www.in.gov/fssa/ddrs/2762.htm>

Housing Choice Voucher (HCV) Program: This program provides eligible households vouchers to help pay the rent on privately owned homes or their choosing. A family receiving a voucher must pay at least 30 percent of its month adjusted gross income for rent and utilities. <https://www.in.gov/ihcda/4261.htm>

Low Income Home Energy Assistance (LIHEAP) Program: The Energy Assistance Program (EAP) can help you pay your heat and electric bills. EAP is a federally-funded program through the US Department of Health and Human Services (HHS) called the Low-Income Home Energy Assistance Program (LIHEAP). Energy assistance is a one-time benefit that can assist you with the high cost of home energy and can help if you are about to get disconnected. <https://www.in.gov/ihcda/4067.htm>

PBCA: This program provides monthly rental subsidies to select rental complexes statewide. For more information about qualifications, wait lists and properties, contact Indiana Quadel Consulting at 1-800-743-3333 or visit <https://www.in.gov/ihcda/4257.htm>.

VASH (HUD-Veterans Affairs Supportive Housing) Program: combines Housing Choice Voucher (HCV) rental assistance for homeless Veterans with case management and clinical services provided by the Department of Veterans Affairs (VA). <https://www.in.gov/ihcda/4263.htm>

## **Living with Disabilities and/or Elderly**

ADA Indiana: ADA-Indiana's mission is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana. <https://adaindiana.org/>

Adult Protective Services (APS): program was established to investigate reports and provide intervention and protection to vulnerable adults who are victims of abuse, neglect, or exploitation. APS field investigators operate out of the offices of county prosecutors throughout the state. <https://www.in.gov/fssa/da/3479.htm>

The Aged & Disabled waiver: provides an alternative to nursing facility admission for adults and persons of all ages with a disability. The waiver is designed to provide services to supplement informal supports for people who would require care in a nursing facility if waiver or other supports were not available. <https://www.in.gov/fssa/da/3476.htm>

Area Agencies on Aging: provide case management, information and referrals to various services for persons who are aging or developmentally disabled. <https://www.in.gov/fssa/da/3478.htm>

Community and Home Options to Institutional Care for the Elderly and Disabled (CHOICE): The CHOICE program is administered through Indiana's 16 Area Agencies on Aging. The CHOICE program provides home- and community-based services to assist individuals in maintaining their independence in their own homes or communities as long as is safely possible. <https://www.in.gov/fssa/da/5492.htm>

Conference on Disability: Every other year, Indiana hosts a statewide conference in the late Fall for people with disabilities, families, and community advocates. Presenters include national speakers and innovative presenters. Families, seniors, and people with disabilities receive a discounted registration fee and those on Social Security, SSDI, or SNAP may apply for partial scholarships. <http://www.indianadisabilityconference.org/>

Consumer Investment Fund: This program provides partial funding for people with disabilities and family members to enable them to attend and participate in events like conferences, public hearings, and workshops that reflect the “community inclusion” mission of the council. <https://www.in.gov/gpcpd/2328.htm>

Disability Awareness Month (March): The goal of Disability Awareness Month is to increase awareness and promote positive attitudes and community inclusion of all people with disabilities. The Council develops a unique home for this annual event and produces campaign materials that are available free of charge to community groups and advocates to assist in planning disability awareness related events and activities. <https://www.indianadisabilityawareness.org/>

Fifth Freedom Network: is a grassroots, cross-disability, consumer organization dedicated to removing physical and social barriers encountered by people with disabilities. They have a searchable database with information on disability resources throughout the state of Indiana: <http://fifthfreedom.org/>.

First Steps: is Indiana’s early intervention program that provides services to infants and toddlers from birth to third birthday who have developmental delays or disabilities. First Steps brings families together with a local network of professionals from education, health, and social service agencies. <https://www.in.gov/fssa/4655.htm>

INconnect Alliance: is comprised of sixteen Aging and Disability Resource Centers throughout Indiana. They are committed to helping individuals find the information and resources needed to navigate the complex care puzzle and system of long term care services and supports. <https://www.in.gov/fssa/inconnectalliance/930.htm>

Independent Living Services Program: encompasses two partnership areas: the Centers for Independent Living (CILs), and the Indiana Statewide Independent Living Council (INSILC). Independent living philosophy emphasizes consumer control, the idea that people living with disabilities are the best experts on their own needs, having crucial and valuable perspective to contribute and deserving of equal opportunity to decide how to live, work, and take part in their communities. <https://www.in.gov/fssa/ddrs/4981.htm>

National Summit on Transportation for People with Disabilities in a Rural Settings Final report/ “White Paper”: <https://www.in.gov/gpcpd/2345.htm>

Ombudsman: The Indiana Long-Term Care Ombudsman Program advocates for residents in long-term care facilities, which includes nursing facilities and licensed assisted living facilities. Their primary purpose is to promote and protect the resident rights guaranteed to residents under federal and state law. <https://www.in.gov/ombudsman/2348.htm>

Self Advocates of Indiana: A project to support Indiana's only statewide Indiana organization run by and for people with developmental disabilities and assist them in expanding their organizational capacity. Visit the SAI website to learn about self-advocacy and its history in Indiana, get information about upcoming meetings and special events, identify local self-advocacy groups, and find out what self-advocates are doing across the state <http://www.saind.org/>.

Supported Decision-Making: The Council is a member of a state coalition to educate and inform families, people with disabilities and professionals about Supported Decision-Making (SDM) as an alternative to guardianship. Under an SDM agreement, individuals with disabilities make choices about their own lives with support from a team of people they select to assist them in making certain decisions. <https://www.in.gov/gpcpd/2729.htm>

## Medical/Health-Related

COVID-19: Visit this site to find updated information about COVID-19 in Indiana: <https://coronavirus.in.gov/>

Healthcare Reform: See which health coverage programs you may qualify for: <https://www.in.gov/healthcarereform/>.

Healthy Indiana Plan: is a health-insurance program for qualified adults. The plan is offered by the State of Indiana, and it pays for medical costs for members and could even provide vision and dental coverage. It also rewards members for taking better care of their health. The plan covers Hoosiers ages 19 to 64 who meet specific income levels. <https://www.in.gov/fssa/hip/index.htm>

Hoosier Care Connect: is a health care program for individuals who are aged 65 years and older, blind, or disabled and who are not eligible for Medicare. For more information, visit <https://www.in.gov/medicaid/members/26.htm>.



Hoosier Healthwise: is a health care program for children up to age 19 and pregnant women. The program covers medical care like doctor visits, prescription medicine, mental health care, dental care, hospitalizations, and surgeries at little to no cost to a member or to the member's family. The Children's Health Insurance Program (CHIP) also falls under the Hoosier Healthwise program. CHIP is for children up to age 19 whose families have slightly higher incomes. Members of CHIP are required to pay a low monthly premium for coverage as well as copays for certain services.

<https://www.in.gov/medicaid/members/174.htm>

HoosierRx: is a program that can help you pay for your monthly medications. Individuals can receive up to \$70 per month to help pay monthly Medicare Part D premiums.

<https://www.in.gov/medicaid/members/194.htm>

Indiana Home-and Community-Based Services Waivers: This program allows Indiana Medicaid programs to pay for services that are provided in a person's home or other community setting, rather than a Medicaid-funded facility or institution. Persons must qualify for institutional care in order to be eligible for home-and community-based services. <https://www.in.gov/fssa/da/3476.htm>

Indiana Long Term Care Insurance Program (ILTCIP): is an innovative partnership between the State of Indiana and private long-term care insurance companies. Indiana has taken the lead in helping residents protect their hard-earned savings from the high cost of long-term care. <https://www.in.gov/iltcp/>

MED Works: is a Medicaid for Employees living with Disabilities. Many people affected by disabilities feel that they may be able to return to work, but are fearful of losing their Medicaid benefits. MED Works is a program designed to allow employees living with disabilities to work without fear of losing their Medicaid.

<https://www.in.gov/fssa/ompp/2548.htm>

Medicaid: For information about applying for Medicaid coverage, finding a Medicaid provider, applying for coverage in the federal marketplace, member eligibility, etc., visit

<https://www.in.gov/medicaid/>.

Medicaid for Inmates: The Presumptive Eligibility (PE) for Inmates process allows acute care hospitals that are qualified providers (QPs) for Presumptive Eligibility to enroll eligible inmates into the Indian Health Coverage Programs (IHCP) for temporary coverage of authorized inpatient hospitalization services.

<https://www.in.gov/medicaid/providers/719.htm>

Medicare Savings Program: Visit

[https://www.in.gov/fssa/files/Help\\_With\\_Medicare\\_Costs.pdf](https://www.in.gov/fssa/files/Help_With_Medicare_Costs.pdf) to determine if the State can help you pay for your Medicare costs.

Presumptive Eligibility (PE): is a process that offers short-term coverage of health care services for those with limited incomes who are not currently receiving Medicaid. Some pregnant women may be eligible for coverage under PE. Visit

<https://www.in.gov/medicaid/members/54.htm> for more information.

Program for All-Inclusive Care for the Elderly (PACE): The PACE model is centered on the belief that it is better for the well-being of seniors with chronic care needs and their families to be served in the community whenever possible. PACE serves individuals who: are ages 55 or older; certified by their state to need nursing home care; able to live safely in the community at the time of enrollment; and live in a PACE service area.

<https://www.in.gov/fssa/da/5221.htm>

State Health Insurance Assistance Program (SHIP): is a free and impartial counseling program for people with Medicare. <https://www.in.gov/ship/index.htm>

## **Additional Resources**

Indiana 2-1-1: 2-1-1 is a free and confidential service that helps Hoosiers across Indiana find the local resources they need. Dial 2-1-1 to connect with a navigator. Available 24 hours a day, 7 days a week. <https://in211.communityos.org/>

Muscular Dystrophy Association (MDA) Care Centers in Indiana:

<https://www.mda.org/care/care-center-list?province=IN>